

Date	Sunday 2/15	Monday 2/16	Tuesday 2/17	Wednesday 2/18	Thursday 2/19	Friday 2/20	Saturday 2/21
Breakfast 8:00-9:30	Southwest Omelet Bake Toast Mixed Fruit Cup Choice of Cold Cereal Oatmeal Assorted Juices Milk/Beverage	Choice of Eggs Toast Choice of Cold Cereal Oatmeal Assorted Juices Milk/Beverage	French Toast Casserole Sausage Links Mixed Fruit Cup Choice of Cold Cereal Cream of Wheat Assorted Juices Milk/Beverage	Choice of Eggs Toast Hashbrown Patty Choice of Cold Cereal Oatmeal Assorted Juices Milk/Beverage	Buttermilk Pancakes Bacon Mixed Fruit Cup Choice of Cold Cereal Cream of Wheat Assorted Juices Milk/Beverage	Choice of Eggs Toast Mixed Fruit Cup Choice of Cold Cereal Oatmeal Assorted Juices Milk/Beverage	Eggs of Choice Breakfast Pastry Mixed Fruit Cup Choice of Cold Cereal Oatmeal Assorted Juices Milk/Beverage
1st Choice *Healthy Option	*Fried Chicken Mashed Potatoes with Gravy Green Beans Cornbread	Ravioli Bake Italian Vegetable Blend Breadstick	*Chicken Teriyaki Fried Rice Steamed Broccoli Mini Egg Roll	Brown Sugar Pork Loin Smashed Red Potatoes Spinach Bake Dinner Roll	*Braised Beef Tips Rice Pilaf Buttered Carrots Dinner Roll	*Baked Crusted Tilapia Roasted Sweet Potatoes Sautéed Cabbage	*Swedish Meatballs Buttered Egg Noodles Grilled Zucchini Dinner Roll
2nd Choice Lunch 12:00-1:30	Herbed Grilled Cheese Chips and Pickle Orange Cake	*Ranch Baked Chicken Herb Stuffing Italian Vegetable Blend Apple Crumble	Sloppy Joe on a Bun Dill Pickle Spear Potato Wedge Fries Gelatin Parfait	*Veggie Pizza Carrot and Celery Sticks Black Forest Cake	BBQ Pork Sandwich Calico Coleslaw Broccoli and Bacon Mac and Cheese Cinnamon Scalloped Peaches	Open Faced Turkey Sandwich Normandy Vegetable Blend Apricot Crumble	French Dip Sandwich Harvard Beet Salad Tater Tots Fruit Short Cake
Soup of the Day	Available at Lunch	Available at Dinner			Available at Lunch	Available at Dinner	
1st Choice *Healthy Option	*Fish with Lemon Butter Herbed Rice Peas	*Chicken and Dumplings Mixed Green Salad Dinner Roll	*Beef Pot Roast Herbed Mashed Potatoes Seasoned Beets	*Garlic Butter Shrimp Angel Hair Pasta Buttered Asparagus	Polish Sausage on a Bun Sauerkraut Homemade Potato Salad	*Crispy Chicken Strip Salad Dinner Roll	*Chicken Parmesan Penne with Red Sauce California Vegetable Blend
2nd Choice Dinner AL 4:30-6:00	*California Cobb Salad Dinner Roll Lemon Sorbet with Blueberries	*Meatloaf Garlic Mashed Potatoes Malibu Vegetable Blend Fruit Fluff	Turkey Club Sandwich Dill Pickle Spear Potato Chips Strawberries and Banana With Whipped Topping	*Ham and Swiss Wrap With Honey Mustard Carrot and Raisin Salad Creamy Rice Pudding	*Herb Roasted Chicken Thigh Buttered Couscous Crumb Topped Brussel Sprouts Double Chocolate Chip Cookies	Tuna Melt Creamy Cucumber and Onion Salad Lemon Bar	Chicago Style Hot Dog Classic Macaroni Salad Hello Dolly Bars